

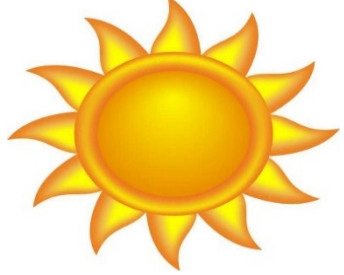































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>AUGUST</h1> <p>***Please Note: All Programs/Activities are Subject to Change.</p>			<p><i>August is:</i> - National Picnic Month. - Aug. 19: Aviation Day.</p>			<p>1 <i>Campfire Day</i></p>   <p>Anne V.</p>
<p>2 <i>Friendship Day</i></p> 	<p>3 <i>Civic Day Stat</i></p>  <p>No Activities Today</p>	<p>4</p> <p>9:30 Life Around Bashaw - ↓ 10:30 Hand & Nail Care - Up 1:30 Face Timing – Down 2:30 Music with Robin on DVD - Down</p> 	<p>5</p> <p>7:30 Hair Salon Open 9:30 Short Stories - Down 10:30 Gentle Chair Yoga – Up (West Lounge) 2:00 Armchair Travel - Up</p> 	<p>6</p> <p>7:30 Hair Salon Open 9:30 Morning Exercise - Down 12:45 Bingo – Up Residents 1:30 Face Timing – Up 2:30 Church with Robin on DVD - Down</p>	<p>7</p> <p>9:30 Morning Movie - Down 1:30 Friday Matinee - Up</p> 	<p>8</p> 
<p>9</p>  <p>Kathleen T.</p>	<p>10 <i>Tuck Shop Order Form</i></p> <p>9:30 One on One Walks - Down 10:30 Seated Tai Chi – Up (West Lounge) 1:30 One on One Walks – Up (Westside Residents)</p> 	<p>11</p> <p>9:30 Hand & Nail Care – Down 10:30 National Geographic - Up (West Lounge) 1:30 Face Timing – Down 2:30 Music with Robin on DVD – Down</p>	<p>12 <i>Tuck Shop Order Pick Up</i></p> <p>7:30 Hair Salon Open 9:30 Gentle Chair Yoga - Down 10:30 Life Around Bashaw - Up 2:00 Outdoor Entertainment: featuring - “Homemade Jam”</p> 	<p>13</p> <p>7:30 Hair Salon Open 12:45 Bingo – Up Residents 1:30 Face Timing – Up 2:30 Church with Robin on DVD – Down 5:00 Ladies Pizza & Wing Nite (Upstairs West Lounge)</p>	<p>14</p> <p>9:30 Current Events - Down 10:30 Tuck Shop Deliveries 2:30 Mocktail Social - Up and Down</p>  	<p>15 <i>Relaxation Day</i></p> 
<p>16</p> 	<p>17</p> <p>9:30 A Day at the Zoo - Down 10:30 One on One Walks – Up (Eastside Residents) 1:30 Family Feud - Up (West Lounge)</p>  	<p>18</p> <p>9:30 One on One Walks - ↓ 10:30 Hand & Nail Care - Up 1:30 Face Timing – Down 2:30 Music with Robin on DVD - Down</p> 	<p>19 <i>National Aviation Day</i></p> <p>7:30 Hair Salon Open 9:30 The Canadian Snowbirds - ↓ 10:30 National Geographic – Up (West Lounge) 12:45 Bingo – Up Residents 1:30 Face Timing - Up</p> 	<p>20</p> <p>7:30 Hair Salon Open 9:30 Pastor Kevin Visits 2:30 Church with Robin on DVD – Down</p>  <p>Derrick P.</p> 	<p>21 <i>Senior Citizen’s Day</i></p> <p>9:30 Morning Movie - Down 2:00 Friday Matinee – Up (West Lounge)</p> 	<p>22</p> 
<p>23</p>	<p>24</p> <p>9:30 Hand & Nail Care - Down 9:30 Pastor Kevin Visits 10:30 Gentle Chair Yoga – Up (West Lounge) 1:30 Crafts – Uptairs Dining Rm.</p>	<p>25</p> <p>1:30 Face Timing - Down 2:30 Music with Robin on DVD – Down 5:00 Men’s Pizza & Wing Nite (Upstairs West Lounge)</p>	<p>26 <i>National Hot Dog Day</i></p> <p>7:30 Hair Salon Vacation 9:30 The Price is Right - Down 10:30 A Day at the Zoo - Up 2:00 Outdoor Entertainment – featuring - “Ty W.”</p>	<p>27</p> <p>7:30 Hair Salon Vacation 9:30 Autobiography - Down 12:45 Bingo – Up Residents 1:30 Face Timing – Up 2:30 Church with Robin on DVD - Down</p>	<p>28</p> <p>9:30 Morning Movie – Down 1:30 Friday Matinee – Up (West Lounge)</p> 	<p>29</p> 
<p>30</p> 	<p>31 <i>Princess Dianna’s Memorial</i></p> <p>9:30 Gentle Chair Yoga - Down 10:30 Autobiography - Up 1:30 The Price is Right - Up</p>  <p>Cliff B.</p> 	 <p>Please Note: A Maximum of 15 Residents per Activity – Abiding by Physical Distancing Guidelines. All Outside Walks – Weather Permitting.</p>				

Summer Word Search!



A T E B J E L Q C B M W J K A
 O U V L N H J X B R A J R T W
 A Y G E C Y U X X D E O A S T
 W Z I U O I Y L B G R G J B H
 D Z S P S T S U A O C U C H G
 E N U J Y T Y P E W E C E N R
 D J N L H L L N O V C I I O S
 F C G R O M B Y E P I M A U L
 T E L I Y O L Y P P M F N J G
 A B A V G D P S H I R S M Y V
 H O S X A B W C W J C G G A T
 E C S I H W I S U R G S B M U
 A F E N O H T L E A Z V D Z S
 T R S S I X Y E C A M P I N G
 V K X J A E N O I T A C A V S

August	Ice Cream	Pool	Sunscreen
Camping	July	Popsicle	Swimming
Heat	June	Sunglasses	Vacation



August
Be present.
Let the day flow with grace.
Expect joy. Be positive.
Serve with compassion.
Speak only kindness.
Impart only love.
Never forget you're not alone.
Give thanks for everything.
See goodness in others.

Celebrating Now

Some time ago, psychologist William Mouton Marston asked 3,000 people this question, "What have you to live for?"

He was shocked to find that 94 percent were simply enduring the present while waiting for the future. They would describe this as waiting for "something" to happen -- waiting for children to grow up and leave home, waiting for the next year, waiting for another time to take a long-dreamed-about trip, etc.

Possibly you are like myself, and we are simply waiting for the pandemic to be over. Waiting for freedom to travel, waiting to be with groups of people, waiting for normal. In many ways we are also waiting for tomorrow.

However, it is important to remember as we are waiting we ought to realize that all anyone ever has is today because yesterday is gone and tomorrow might be still another day away.

I would like to remind you that life is precious life, and today is important. It can be easy to waste our time wishing we were in another stage of life -- but it's this experience, this conversation, this sunset, this friendship, we need to enjoy and take in. Simply because there will never be another moment exactly like this, and this moment is a gift from God. I encourage you to cultivate a deep appreciation of God's gifts, of others, and the now. Celebrate life every day. Even stages of sorrow, discouragement or pain are not devoid of little things to celebrate.

One great reality I have been reminded of in the past number of months is that through all of life's stages is that we are never alone - God is with us. He will never leave us and will walk with us every step of the way. As long as He and I keep in step together, I know I can face every stage of my life. This brings me great comfort.

Blessings and Peace,

Pastor Kevin

