

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  <p>October</p> <p>***Please Note: All Programs/Activities are Subject to Change.</p> | |  | <p><i>October is:</i></p> <ul style="list-style-type: none"> - <i>National Diabetes Month.</i> - <i>Occupational Therapy Month.</i> - <i>The Run for the Cure.</i> | <p>1</p> <p>7:30 Hair Salon Open 9:30 Life on the Farm - Down 12:45 Bingo – Up Residents 1:30 Face Timing – Up 2:30 Church with Robin On DVD - Down</p> | <p>2</p> <p>9:30 Current Events - Down 10:00 Bible Study with Pastor Kevin – Up West Lounge 2:00 Friday Matinee – Up and Down</p>  Richard P. | <p>3</p>  |
| <p>4 <i>World Communion Day</i></p>  <p>2:00 Bingo – DSL Residents</p>  | <p>5 <i>World Teacher's Day</i></p> <p>9:30 Gentle Chair Yoga - Down 10:30 Roll A Ball - Up 1:30 Drive in the Country – DSL Residents</p>   | <p>6</p> <p>9:30 Hand & Nail Care – Down 9:30 Crafts with Cindy - Up 1:30 Face Timing - Down 3:00 Music with Robin – Down 3:15 Pet Therapy - Down</p>   | <p>7</p> <p>7:30 Hair Salon Open 9:30 Darts - Down 10:30 Roll a Ball - Up 1:30 Drive in the Country – DSL Residents</p>  | <p>8</p> <p>7:30 Hair Salon Open 9:30 Armchair Travel - Down 12:45 Card Bingo – Up Residents 1:30 Face Timing - Up 2:30 Church with Robin on DVD - Down</p>  Holdi R. | <p>9 <i>Fire Prevention Day</i></p> <p>9:30 Morning Movie - Down 1:30 Friday Matinee - Up (West Lounge)</p>  | <p>10</p>  |
| <p>11</p>  | <p>12 <i>Thanksgiving</i></p> <p><i>Happy Thanksgiving</i></p> <p>No Activities Today</p> | <p>13 <i>Tuck Shop Order Form</i></p> <p>9:30 Who Am I? - Down 10:30 Armchair Travel - Up 1:30 Face Timing - Down 3:00 Music with Robin – Down</p>   | <p>14 <i>Tuck Shop Order Pick Up</i></p> <p>7:30 Hair Salon Open 9:30 Bean Bag Toss - Down 10:30 Roll a Ball - Up 1:30 Drive in the Country – Up Residents</p>   | <p>15</p> <p>7:30 Hair Salon Open 9:30 Balloon Volleyball - Down 12:45 Bingo – Up Residents 1:30 Face Timing - Up 2:30 Church with Robin on DVD - Down</p>  Muriel U. | <p>16 <i>Bosses Day</i></p> <p>9:30 Current Events - Down 10:30 Tuck Shop Deliveries 2:15 Mocktail Social – Up and Down</p>   | <p>17</p>  |
| <p>18</p> <p>2:00 Bingo – DSL Residents</p>   | <p>19</p> <p>9:30 Unsolved Mysteries - ↓ 10:30 Roll a Ball - Up 1:30 Fang-tastic Family Feud – Up (West Lounge)</p>   <p>Wayne O.</p> | <p>20</p> <p>9:30 Hand & Nail Care - Down 10:30 Ghouling Gentle Chair Yoga - Up 1:30 Face Timing – Down 3:00 Music with Robin - Down</p>   | <p>21</p> <p>7:30 Hair Salon Open 9:30 Creepy Candy Corn Ring Toss – Down 10:30 Roll a Ball - Up 12:45 Boot-iful Card Bingo – Up 1:30 Frightful Face Timing – Up</p> | <p>22</p> <p>7:30 Hair Salon Open 9:30 Bible Study with Pastor Kevin - Down 10:30 Bible Study with Pastor Kevin – Up West Lounge</p>  Irmgard R.  | <p>23</p> <p>9:30 Morning Movie - Down 2:00 Friday Matinee - Up (West Lounge)</p>   <p>Mel A.</p> | <p>24</p>   <p>Larry V.</p> |
| <p>25</p>   <p>Howard H.</p> | <p>26</p> <p>9:30 Terrifying Tin Can Crash - Down 10:30 Revolting Roll a Ball - Up 1:30 Bone Chilling Alfred Hitchcock Matinee – Up</p>  | <p>27</p> <p>9:30 Spooky Short Stories - Down 9:30 Creepy Crafts with Cindy - Up 1:30 Frightening Face Timing - Down 3:00 Mystical Music with Robin - Down</p>  | <p>28</p> <p>7:30 Haunted Hair Salon Open 9:30 Chilling Chair Yoga - Down 10:30 Roll a Ball - Up 1:30 Unsolved Mysteries – Up (West Lounge)</p>  | <p>29</p> <p>7:30 Haunting Hair Salon Open 9:30 Wicked Pumpkin Carving - ↓ 12:45 Boo-tiful Bingo – Up 1:30 Frightful Face Timing - Up 2:30 Church with Robin on DVD - Down</p> | <p>30</p> <p>9:30 Creepy Current Events – Down 10:00 Haunted Halloween Party – Up Residents (West Lounge) 2:00 Haunted Halloween Party – DSL Residents</p> | <p>31 <i>Halloween</i></p>  <p><i>Turn Your Clock Back 1 Hour</i></p> |

*****Please Note: A Maximum of 15 Residents per Activity – Abiding by Physical Distancing Guidelines.**



OCTOBER



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| BATS | CREEPY | NIGHT | PUMPKINS |
| BLACK CAT | FULL MOON | ORANGE | SCARED |
| CANDY | HAUNTED HOUSE | PARTY | SEEDS |
| COSTUME | JACK-O-LANTERN | POTION | TRICK OR TREAT |



Welcome October



May the good things in life
be yours in abundance that stay
with you all year long.

Happy Thanksgiving



Fall
BACK!

SET CLOCKS BACK
ONE HOUR BEFORE BED
SATURDAY NIGHT

Turn Your Clocks Back 1 Hour...
Saturday Night October 31st

Thanksgiving Even in Difficult Times

Canadians in October celebrate the Thanksgiving holiday. However, in 2020 we may feel the need to search hard for something to be thankful for. It has not been an easy year. The global pandemic has caused significant stress and pain upon many people. However, I would like to encourage you to be thankful in the midst of this difficult time. Taking the time to express our gratitude is good for our mental wellbeing and, helps those around us.

Found in the middle of the little book of Lamentations, are some words to assist us in being grateful in difficult times. This book was written by the prophet Jeremiah in response to the destruction of Jerusalem around 587 BC. It speaks of the Babylonian attack and the destruction, loss of life and starvation. It describes a terrible time indeed.

However, in Lamentations 3:21-25 Jeremiah says, “This I recall to my mind; Therefore, I have hope. The Lord’s lovingkindness indeed never ceases, for his compassions [mercies] never fail. They are new every morning; Great is your faithfulness. “The Lord is my portion,” says my soul, “Therefore I have hope in him.” The Lord is good to those who wait for him, To the person who seeks him.”

One may ask themselves how can Jeremiah write words like this in the midst of such a difficult time? Is the prophet not aware of the gravity of his circumstances? Possibly there is an explanation further on in verses 32-33, “For if he [God] causes grief, then he will have compassion According to his abundant lovingkindness. For he does not afflict willingly or grieve the sons of men.” This reassurance is found in the character of God. It is a simple reminder of the love of God. Love is not just what God does, it is who He is.

I encourage you to seek to be thankful, because God is faithful. I am praying for you and please remember we will get through this together.

Blessings,
Pastor Kevin Schwartz
Regional Chaplain

